



VALUING NATURE

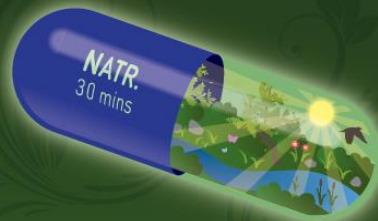
**Maximising the human health
and wellbeing value of nature
in a local government context.**

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Nature Prescription work

A Dose of Nature

Nature Prescription for Wellbeing



Salutogen[©]

- Lowers blood pressure
- Lowers heart rate
- Promotes wellbeing

Available from all parks, seashores, forests or countryside near you.

- Three years
- Seven pilots
- c200 patients
- NIHR and NHS focus
- May conference

Local authorities



- Universality, assets and role
- Best Practice Guide
- Commissioning Guide
- Webinar (EKN and HPRU?)
- Workshop at LGA
- ESRC Impact Accelerator